



Parenting With Love and Limits®

The Parenting with Love and Limits program was designed to help parents gain control over conduct disorders, defiant behavior, and troubled youth.

The key to resolving juvenile delinquent behavior is parental involvement coupled with the proper skills.

If you are willing to involve yourself, we can teach you the skills. Even if your teen refuses to attend, the program can still work for you.

“A Model Program”

Created by the Savannah Family Institute, Parenting With Love and Limits has recently received special recognition from the U.S. Justice Department’s Office of Juvenile Justice and Delinquency Prevention as a "Model Program." It is recognized as an evidence-based prevention and intervention program that makes a difference in the lives of children and their communities.



The good news is that there is hope.

You CAN restore balance in your family.

But it doesn’t happen by itself; and the issues won’t just go away. Help is possible only if you are willing to take the right steps.

As a parent, reading this material and understanding your options is the first step and we applaud you for moving in the right direction.

Brush Dance Clinic of Virginia was created to give parents of at-risk youth the knowledge and resources needed to deal with situations for which no parent is adequately prepared.

Thousands of families have used the Parenting with Love and Limits program to deal with conduct disorders and restore order to their family. Not counseling or therapy, it provides real-world solutions for today’s problems.



Practical Ideas, Immediate Results

The Parenting with Love and Limits program provides a set of step-by-step tools to help you. These are practical steps with concrete ideas you can use to parent your teen. After each class, you can immediately begin to use the tools with your teenager.

In only six 2-hour classes you will have a clear understanding of:

- Why your teen misbehaves
- The tools you need to control the problems
- The next steps you need to take.

Long Term Effects

The long-term goals of your involvement include:

- A level of competent, effective parenting
- Greater family connectedness
- A healthy, functioning parental team
- Appropriate expectations for your child and for yourself as a parent

Is The Program Right for Us?

The Parenting with Love & Limits program is designed for those parents who:

- Have trouble maintaining meaningful communication with your teenager
- Find it difficult to set age-appropriate and effective limits for your teen
- Struggle with your emotional reactions to your child's misbehavior
- Have been told by others (e.g., school officials, court authorities, and/or friends) that your teen's behavior needs to be addressed.
- Have an adolescent child strongly opposed to any rules or limits you set.

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Parenting with Love & Limits is offered through Brush Dance Clinic, under the direction of Nancy Evans MSW, LCSW, CSOTP

Nancy Evans is a Licensed Clinical Social Worker and has been a Certified Sex Offender Treatment Provider since the first year that it became a requirement, in 1999. She graduated with honors from Virginia Commonwealth University with a masters in social work concentrated on youth and families.

She began her professional career working with pregnant teens and adolescent parents. Nancy worked for 2 ½ years providing juvenile sex offender treatment at a juvenile corrections center for ages 16-21. Armed with first-hand knowledge of what juvenile offenders can expect from the court and correctional systems, she began channeling her energies toward intensive in-home services with at-risk youth and their families. Currently she is in private practice with youth and families, and resides in Virginia.



For information on the program, please contact:

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